



Resources for Pastors

Spiritual Direction

- Meet individually with a spiritual director for confidential support and discernment.
 - No cost or limitation on the number of sessions.
- Contact Jim Gaderlund at 650-996-3224 or jgaderlund@me.com

Connection and Community

- Monthly cluster gatherings for peer support and collaboration.
- Annual Friday night dinner for pastors, staff and spouses in each cluster area, hosted by the PSWC staff at a local restaurant.
- Prayer and support partnerships with peers.

Sustaining Pastoral Excellence

- Grants are available for SPE retreats (Deeper in Christ and Sabbath retreats) and personally-designed renewal retreats for individuals or groups.
- Leadership cohort group (9 months) and for pastors 55 years and older
- Grants of up to \$500 for personal learning in the areas of preaching, leading, teaching and caring.

Pastoral Care and Counseling

- Referrals to faith-based, licensed professional therapists for individuals, children and families
- Referrals to financial counselors are available.
- The Minister's Care and Crisis Fund offers financial assistance for basic economic necessities, health care, and various forms of restorative treatment for marriages and families.

Retreats

Alpine Conference Center

- Two nights complimentary stay in a hotel-style suite with kitchenette (meals may be included).
 - Midweek stays are preferred, and one month notice for booking is requested.
 - To be used for marriage enrichment, prayer or study retreat. Not to be used for planning.
- Contact Alpine Conference Center at 909.337.6287 and ask for "Complimentary housing for Covenant pastors."

Mission Springs Conference Center

- Complimentary lodging is available for full-time pastors, missionaries and their families.
 - Booking is no more than 2 weeks in advance and lodging varies (maximum one-week stay).
 - If meals are being served, they are available at half price.
- Contact Julie Larson at 831.335.9133 ext. 11 or Julie.larson@missionsprings.com, or Amanda MacKay at 831.335.9133 ext. 16 or amanda.mackay@missionsprings.com.

Getaways

A referral list of no- and low-cost getaways for pastors, couples and families is available. Some facilities provide for and include the cost of marriage counseling as part of their package.

Jean Cheng Gorman

Director of Ministerial Health, Pacific Southwest Conference

415.810.4359 (cell) jean.chenggorman@pswc.org