

## Spiritual Direction Groups for Ministry Spouses

The PSWC is committed to the health and wellbeing of our ministerial community. We especially want to invest in ministry spouses--faithful servants who are often overlooked! Pastors and staff are regularly in community; this peer connection is important for spouses as well. In addition to building relationships, we want to intentionally nurture the spiritual health of our ministry spouses.

Spiritual direction is a ministry of listening, discernment, and prayer in a confidential setting of encouragement and compassion and has been offered in the PSWC for over a decade. Currently, more than 100 PSWC pastors, staff, and spouses are taking advantage of one-on-one spiritual direction. Group spiritual direction – a small group facilitated by a spiritual director – grows community with others and connection with God by providing opportunity for deep spiritual reflection and sharing. We are excited to offer these new groups for ministry spouses in 2015. Most are no cost; when noted, there is a small fee.

For more information, contact a spiritual director in your area:

Oakland (East Bay cluster):

Nancy K. Lewis – [nlewis@oaklandfcc.org](mailto:nlewis@oaklandfcc.org), 510-531-5244 ext. 206

Pasadena (fee) (North Los Angeles cluster):

Elaine Dally – [tedally7777@gmail.com](mailto:tedally7777@gmail.com), 916-276-0869

Pleasant Hill or Pittsburg (Outer East Bay cluster):

Steve West [swest@hopecenter.cc](mailto:swest@hopecenter.cc), 925-550-7837

Rocklin (fee) (Sacramento cluster):

Linda Sommerville – [Linda@LindaSommerville.com](mailto:Linda@LindaSommerville.com), 916-747-8991

San Jose (South SF Bay Area cluster):

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Santa Barbara (Santa Barbara cluster):

Sherry Peterson - [smpeterson@covenantretirement.org](mailto:smpeterson@covenantretirement.org), 805-569-8582

Diana Trautwein - [dtrautwein@gmail.com](mailto:dtrautwein@gmail.com)

Tucson (no cost) or Phoenix (fee) (Arizona cluster):

Christina Walker - [mailforchristina@yahoo.com](mailto:mailforchristina@yahoo.com) 562-673-2225

Turlock - Ripon (North San Joaquin Valley cluster):

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or Missy Stewart – [malisa.stewart@gmail.com](mailto:malisa.stewart@gmail.com), 209-985-1146

Walnut Creek (Outer East Bay cluster):

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